



# 18<sup>th</sup> ALTA VALTELLINA TROPHY

## INTERNATIONAL JUNIOR SHORT TRACK

### LADIES & MEN - open to SENIOR

**BORMIO / ITALY October 15<sup>th</sup> - 18<sup>th</sup>, 2009**

The Organizing Committee on behalf of the Italian Ice Sport Federation has the honour to invite you to participate at the "18<sup>th</sup> ALTA VALTELLINA TROPHY" (open to Senior) to be held October 15<sup>th</sup> - 18<sup>th</sup>, 2009 at the Ice Stadium Bormio / Italy.

The competition is open for all Nations and Clubs being members I.S.U. There are no restrictions in the amount of entries unless we inform you contrary.

### TRACK

The track is an artificial refrigerated indoor ice surface with the measures of 30x60 meters, protective padding will cover the boards. The standard track 111,12 meters to the lap with measured curves of 8,50 meters and there will be 7 markers used to establish the curve. The length of the straight is 28,85m. Besides the original track there will be 4 tracks set up to preserve good ice conditions. For all tracks one finish line will be used.

### GENERAL REGULATIONS

The competition will be held under the rules of I.S.U. concerning the paragraphs for Short Track Speed Skating. The organizers reserve the right to change the programme due to unforeseen circumstances.

### CATEGORIES

<b>Senior</b>	Ladies and Men	up to	30-06-1990		
<b>Junior A</b>	Ladies and Men	from	01-07-1990	to	30-06-1992
<b>Junior B</b>	Ladies and Men	from	01-07-1992	to	30-06-1994
<b>Junior C</b>	Ladies and Men	from	01-07-1994	to	30-06-1996
<b>Novices</b>	Ladies and Men	from	01-07-1996	to	30-06-1999

### DISTANCES

<b>Junior A - B</b>	1500m - 500m - 1000m - 1500m final		
<b>Junior C</b>	1000m - 500m - 1500m final		
<b>Novices</b>	777m - 500m - 1000m final		
<b>Senior</b>	1500m - 500m - 1000m - 3000m final		
<b>Relay races</b>	Junior A-B	3000m	(four skaters)
	Junior C-Novices	2000m	(three skaters)
	Senior ladies	3000m	
	Senior men	heats and semifinal 3000m Final 5000m	

### RELAY

Each relay must be composed by athletes of the same Nation; so if a Team hasn't so many athletes to compose a relay, this Team can borrow some other athletes from a team (National Team or Club) coming from its same Nation.

Junior C and Novices could compete together; Junior A and Junior B could compete together.

Each Senior relay must be composed by Senior athletes. In case of a lack of Senior athletes, a team (National Team or Club) can enroll in a Senior Relay a maximum of 2 Junior A athletes of its same Nation.



## GENERAL PROGRAMME

<b>Thursday, October 15<sup>th</sup></b>	9.30 a.m.	team leaders meeting c/o Ice Stadium
	12.30 a.m.	warm up
	2.00 p.m.	1500m. Junior A - B and Senior
<b>Friday, October 16<sup>th</sup></b>	7.30 a.m.	Warm up
	9.00 a.m.	1000m. Junior A - B - C and Senior
		Relay heats
<b>Saturday, October 17<sup>th</sup></b>	7.30 a.m.	Warm up
	9.00 a.m.	500m. All categories Relay semi-finals
<b>Sunday, October 18<sup>th</sup></b>	7.00 a.m.	Warm up
	8.30 a.m.	777m. Novices 1500m. final Junior A - B - C 1000m. final Novices 3000m. final Senior Relay finals

**This program is subject to change by the organizers.**

## ENTRIES

**Preliminary entries**, with provisional names, specifying number of athletes in each category, date and time of arrival and departure, number of accompanying officials, must be submitted by **September 26<sup>th</sup>, 2009** at the latest via <http://www.shorttrackonline.info>

**Final entries** must be submitted by **October 10<sup>th</sup>, 2009** at the latest via <http://www.shorttrackonline.info> and must contain

- Names and categories of the athletes
- Number of athletes in each category
- Date and time of arrival and departure
- Names and number of accompanying officials

**ENTRY FEE € 15,00 per athlete**

**DEPOSIT FOR HELMET COVERS € 10,00 PER ATHLETE**

## AWARD of PRIZES

Prize for the first - second and third classed in the final results for each category - ladies and men.

Prize for the first - second and third classed in the relay - ladies and men.

During award ceremonies, the skaters should be in club or National track suits.

## MEDICAL ASSISTANCE

Doctor and paramedical personnel will be present at the competition days (*also during the warm up*). An ambulance will be on standby in case of need.

## MEDICAL INSURANCE

It is the sole responsibility of each Member, on behalf of its participating clubs, to ensure or provide medical and accident insurance for their athletes. Proof of such shall be requested by the Organizing Committee. See Rule 119.



## CITIZENSHIP/RESIDENCE REQUIREMENTS AND CLEARANCE PROCEDURE

In accordance with Rule 109 of ISU Communication n° 1117, all skaters who do not have the nationality of the Member by which they have been entered or who, although having such nationality, have in the past represented another Member, must produce an ISU Clearance Certificate.

## LIABILITY

In accordance with Rule 119, the Organizing Committee assumes no responsibility with respect to medical, bodily or personal injury or property loss or damage sustained or caused in connection with this competition.

## ACCOMODATION

All participants should bear their own expenses for accommodation (board & lodging).

The reservations **must** be made **only and directly** through the Organizing Committee within **September 26<sup>th</sup>, 2009** at the latest and should contain all the information requested in the "ACCOMODATION FORM" here enclosed; After having received all the reservations, the Organizing Committee will communicate the name of the 3 stars hotel assigned.

The Organizing Committee will provide accommodation with full board at the following prices:

Single Room: Euro 90,00  
Double Room: Euro 60,00  
Three beds Room: Euro 58,00  
per day per person (water included)

## TRANSPORTATION

Transportation from Milan (Linate or Malpensa or other airports) to Bormio and back can be pre-arranged. The cost of the round-trip is € 450,00 for a max. 8 passengers for each minibus. If transportation is requested, the reservations **must** be made **only and directly** through the Organizing Committee within **September 26<sup>th</sup>, 2009** at the latest and should contain all the information requested in the "TRANSPORTATION FORM" here enclosed.

## TRAINING

On request the Organizer provides ice training for three or more days before the competition at the cost of € 90,00, taxes included, for 50 minutes. If training is requested, please send the enclosed "TRAINING ICE REQUEST FORM" duly filled in to the Organizing Committee within **September 26<sup>th</sup>, 2009** at the latest.

**ALL THE EXPENCES CONCERNING BOARD, LODGING (AT THE HOTELS ASSIGNED), TRANSPORTATION AND ICE TRAINING MUST BE PAYED BY CASH (NO CREDIT CARDS OR BANK TRANSFER ARE ACCEPTED) AT THE O.C. AT THE ACCREDITATION.**

## ORGANIZING COMMITTEE

Bormio Ghiaccio c/o Unione Sportiva Bormiese  
Via Manzoni  
23032 BORMIO - Italy

tel. +39.0342.901482  
fax. +39.0342.911415 (head quarter)

➤ Bormio Ghiaccio e-mail [bormioghiaccio@libero.it](mailto:bormioghiaccio@libero.it)

➤ Bormio Ghiaccio Web Page

[www.bormioshorttrack.com](http://www.bormioshorttrack.com) – [www.usbormiese.com/ghiaccio](http://www.usbormiese.com/ghiaccio)